



Manly Nippers

August 28, 2011
Issue 2

NSW Age Champions 2010 and 2011

www.manlylsc/nippers



Manly Nippers would like to thank and encourage all our Nippers and Nipper parents to choose and use our sponsors whenever possible, and to take the time to thank them for their commitment to Manly Nippers and Manly LSC.

Season 2011-2012 – Preparation well underway

Not long to go until the season is in full swing. The Committee, Coaches, Age Managers and many of our nippers have been busy preparing for the upcoming action packed season.

Over the past 6 weeks a group of ten of our U14's has been training for the Surf Rescue Certificate (SRC). The SRC is the compulsory surf education component for the U14 age group, and is the entry pathway to being a life saver. The 6 weeks of training culminates in an external assessment by Branch Officials. All ten of our candidates passed the assessment today. Congratulations to Becky; Liam; Conor; Mia; Harrison S; Harrison W; Joe ; Lincoln; Simon; and Evan. A huge thank you to instructors Sophie & Arianne, MLSC's Chief Instructor Tony Tier, JAC Surf Education Officer Essie Kassulke & Age Manager John Stratton. We look forward to seeing you patrolling Manly beach.

September is a busy month with board training continuing, Nipper Registration days, Swim proficiencies (U9- U14), Board allocations (U11- U14) and finally our Spring Camp at Sawtell at the end of the month.

Membership renewals have been mailed out. Please return them to the club ASAP or attend one of Registration days.

Please keep an eye out for the announcement of our new and exciting Ripper Nippers Program for those not wishing to attend carnivals - full details soon!

Swim Proficiencies

All nippers from U8 - U14 must undertake proficiency testing at the being of each season. There are 2 levels of proficiencies:

- 1) Participation Proficiency - a supervised pool swim of 200m freestyle (U9-U14's) and a float, and a 25m freestyle swim and a float for the U8's. **This must be completed before any nipper activity (even beach activities) is undertaken.**
- 2) Competition Proficiency - for U9- U14's wishing to take part in competition; mid week board training; or compete in Club Championships you must also complete an ocean swim.

This season the Participation Proficiency is taking place as follows:

U9- U14's

Saturday 10th September 0830 -1030 @ Manly Swim Centre
Saturday 17th September 0830 -1030 @ Manly Swim Centre

U8's

Will conduct their swim proficiency during the first few weekends of nippers.

***Important!** Given the environment in which we undertake our activities it is mandatory for the Participation Proficiency to be completed prior to any Nipper activities being undertaken.*

Competition Proficiencies U9- U14's will be undertaken over the first few weekends of nippers.

Please note: The above dates are the only dates available for completion of the Participation Proficiency. It is also a prerequisite for attendance at the Sawtell training camp that the Participation proficiency is completed prior to any activity being undertaken.

Full details of the Proficiency requirements can be found on the MLSC website - Nippers page.

Nipper Registration and Renewals

Nipper Membership renewals and Nipper Parent renewals have been mailed out. Please ensure that you complete all forms and return them to the club as soon as possible or attend one of the two registration days.

It is a requirement of MLSC that at least one parent from each family is also a member of MLSC (either active patrolling member or Nipper Parent member).

All new members must attend one of our registration days and bring proof of age.

2011-2012 Registration days are:

**Sunday 11th September & 18th September
0830- 1200 at Manly LSC**

Clothing and Merchandise will also be available for sale at the registration days.

Winter Training

Winter Board Training has commenced and is open to all U9 -U14 Manly LSC nippers that have a current proficiency.

Training Timetables are issued on a monthly basis and will be published in the newsletter and on the Manly LSC website - manlylsc.com.au/nippers

Please note that there is no training on Sunday 25th September or October 2nd.

All boards must be washed and returned to the Board Room at the conclusion of training. We have already had boards left on the beach after training, please assist by returning the boards.

U14's can attend the open sessions at 0830 on Saturday or the Sunday Nipper sessions.

It is strongly recommended that all water competitors (U9 - U14) are swimming a minimum of 2 squads per week - NOW.

Sawtell Training Camp (Sept 28th-30th)

It's that time of year again! Pack the car, head north to gorgeous Sawtell to enjoy the company of families involved in our Club. For those families planning to come along for the first time this year, the nipper kids will train for approximately 3 hours on Wednesday, Thursday and Friday mornings, which leaves plenty of time during each day to spend time with family and friends and enjoy the things we all like to do!

The routine will be much the same as in previous years. However, for those new to the camp the schedule is as follows:

Training venue:	Sawtell Beach
Age groups:	U9 - U14
Dates:	Wednesday 28 Sept - Friday 30 Sept. 2011
Time:	9.30am - 12.30pm daily (finish time may vary)

The cost of the camp will be \$45.00 per child. This will include:

- morning tea on the 3 training days; and
- pizza/drinks/popcorn plus the movie (Thursday night).

On the Thursday evening whilst the children are at the movies, the parents will gather at the Sawtell Surf Club for a casual function. The parents and kids will gather at the Sawtell Surf Club at 5 pm on Thursday evening, where the kids will have pizza/drink prior to heading to Sawtell Cinema to see a movie. At approx 6 pm the parents will move into the Sawtell Surf Club for drinks and nibbles.

*No Training on Sunday 25th
September or October 2nd.*

"Sawtell here we come!"

The cost of the parent function will be \$20.00 per adult (BYO drinks allowed).

ALL parents are expected to assist in some capacity during the Camp. Please RSVP as soon as possible to louise.bochner@bigpond.com

Training Opportunities

A great way for parents to contribute to Manly Nippers and Manly LSC is assist with water safety. To assist with water safety you are required to hold a current Bronze Medallion. Many Nipper Parents step out of their comfort zone and undertaken the Bronze Medallion and it is a great way to share the life saving experience with your children. Special Nipper Parent Bronze course will be held throughout the year. If you are interested in finding out more please contact Tim Cuthbert at tim@mad4city.com

If you are Nipper Parent currently with a Bronze Medallion you may wish to up skill in IRB's - again please contact Tim Cuthbert at tim@mad4city.com

Nipper Handbook

This season Nipper Handbook will be available on the Manly LSC website very soon - keep checking for details.

Season Calendar

The action packed calendar for 2011-12 is attached to this email, and will hopefully be on the website soon.

Help Needed – Urgent

Our fabulous coaches are making time available to travel to Sawtell for our Spring Camp. If anyone has a spare room which a coach could use could you please contact Glenn Stone urgently 0419 699 124 or gastone@bigpond.net.au

Win a Nipper Board

Thanks to Westpac, we are raffling 2 Dolphin nipper boards (1 Foamie, and 1 fibreglass). Tickets available from Fred Thorpe or they will be available at the Registration Days.

Board Allocation

The club has many fiberglass boards available for use at training and at carnivals. U11-U14's competitors are able to be allocated a board for their use during the season. Full details are available in the Handbook. Cost is \$50.

Board allocation will occur as follows:

U14's Sat 3rd September - approx. 1000 (immediately after open board training)

U13's Sat 3rd September - 1100

U12's Sat 3rd September - 1200

U11's Sat 3rd September - 1300

You will need to know your weight, and bring a parent to sign the form and pay the fee. U14's will also need to bring their own padlock.

If you have been allocated a board over winter or last season **it must be returned** at the times above for inspection and re-allocation.

Board Scrutineering

All boards used in competition need to be scrutineered (the red & white sticker). If your own board or your allocated board does not have one of these stickers it needs to be scrutineered. The next opportunity for scrutineering is on September 10th 1300-1500 at Narrabeen SLSC.

It is your responsibility to ensure your board has the correct sticker - No sticker = no start.

Help!!!!!!!!!!!!

Manly LSC has been chosen to host the Raising of the Flags ceremony, on Friday 23rd September, which celebrates the opening of the Surf Life Saving in NSW. This event has extensive media coverage, and is attended by NSW Government ministers. We need as many nippers as possible to attend.

If you are able to attend at 0830 on Friday September 23, please let me know.

gastone@bigpond.net.au

If you have any questions about Nippers at Manly please contact a member of the JAC or your Age Manager.

JAC Contact Details

Name & Position	Mobile	Email
Chairperson Glenn Stone	0419 699 124	gastone@bigpond.net.au
Secretary Fred Thorpe	0423 497 335	fthorpe@bigpond.net.au
Superintendent Tim Cuthbert	0429 916 380	tim.cuthbert@optus.com.au
Treasurer Mark Hulme		Hulmem@cba.com.au
Registrar Rebecca Crawford	0414 776 926	rl_crawford@hotmail.com
Education Officer Essie Kassulke	0439 671 192	essiekassulke@y7mail.com
Gear Steward Annie Gleeson	0418 255 172	annietpg@y7mail.com
Age Managers Rep U9-U14's John Stratton	0400 313 733	john_nicky_stratton@bigpond.com
Age Managers Rep U6-U8's Vinnie Dermody	0403 812 904	vinny@mcmorrowdermody.com
Training & Skills: Water: Graham Bruce (Brucie) Beach: David Hume Manly Point Boardriders: Steve Coulter	0418 405 698 0419 414 221 0414 292 233	Brucie_ge@hotmail.com dhume@highgatemanagement.com.au juiceplus@stevencoulter.com
General/Child Protection Officer Rep Dru Newling	0419 249 836	dsn@bigpond.net.au
Uniforms Kiera Hulme	0412 139 072	kierah@bigpond.com.au
Social Co-coordinator Simone Grout	0411 340 806	grouts@bigpond.net.au
BBQ Co-coordinator Michael Bochner	0414 550 400	Michael.bochner@bigpond.com
General (risk advisor/IRB co-coordinator) Robin Barham	0418 670 868	Robin.barham@catlin.com
Camp Co-coordinator Louise Bochner		Louise.bochner@bigpond.com

Child Protection Officers

Dru Newling	0419 249 836	dsn@bigpond.net.au
John Zdrilic	0414 938 393	johnzdrilic@bigpond.com

Age Managers

Name	Mobile	Contact
U/14 John Stratton	0400 313 733	john_nicky_stratton@bigpond.com
U/13 Steve Wilton	0412 865 572	steve@detech.com.au
U/12 Simone Grout - Girls	0411 340 806	grouts@bigpond.net.au
Dru Newling - Boys	0419 249 836	dsn@bigpond.net.au
U/11 Tony Garrett - Girls	0419 773 365	laratony@bigpond.net.au
Kemble Cowan - Boys	0411 625 855	ige@d2.net.au
U/10 David Hume	0419 414 221	dhume@highgatemangement.com.au
U/9 Deborah Murdoch - Girls		djr@tpg.com.au
Annie Gleeson - Boys	0418 255 172	annietpg@y7mail.com
U/8 Julian Shelbourne	0414 603 553	jshellbourne@gmail.com
U/7 Maria Mury	0433 655 274	murycm@hotmail.com
U/6 Vinny Dermody	0403 812 904	vinny@mcmorrowdermody.com