



Manly Nippers

October 25, 2011
Issue 6

NSW Age Champions 2010 and 2011

www.manlylsc/nippers



The first round of Club Championships was held in quite difficult early season surf conditions, with some water events in the younger age groups having to be postponed. These events (U9 Surf Race; U9 Board; U10 Surf Race) will be held on Sunday November 6th @0830.

Last Sunday also saw our first Ripper Nipper day for those choosing not to compete. Many varied activities took place with the Ripper Nippers. We are desperately in need of resources to assist with the running of Ripper Nippers. If you are able to assist with running this program please email me gastone@bigpond.com.au

Please ensure your age manager has your correct contact details as the majority of our communication is electronic. We are currently getting many bounce backs from the information provided on the enrolment forms. Please check the website regularly for the latest information; training timetables; handbook; and calendar etc. Also please advise your Age Managers of any pre-existing medical conditions.

A significant change this season is the operation of our major fundraiser - the Sunday morning BBQ. Every family will be rostered on the BBQ during the season. Please check the roster, and if you are unable to attend your rostered duty it is your responsibility.

Manly Nippers would like to thank and encourage all our Nippers and Nipper parents to choose and use our sponsors whenever possible, and to take the time to thank them for their commitment to Manly Nippers and Manly LSC.

Are you Proficient?

Every nipper from U8 to U14, must undertake an annual proficiency test to assess their ability to undertake activities in the surf environment. This Participation Proficiency must be undertaken before any Nipper activity can be undertaken, whether it is beach, water, or training activities. Any U9-U14 that wishes to compete at carnivals or in the club championships must also complete the Competition Proficiency.

Full details of the Proficiency requirements can be found in the Nipper handbook on the MLSC website - Nippers page. Please contact your Age Manager if you need to arrange a proficiency swim.

Nipper Registration and Renewals

Not registered or have not yet renewed your registration??

Only current proficient members of Manly LSC can participate in nippers activities, so if you have not registered for this season please do so immediately. The deadline for renewal is October 30.

Uniform Sales and registration will occur upstairs in the office from 1030 on Sunday morning (after nippers).

Nipper caps are available for sale (\$15) at the BBQ before nippers.

Nipper Parent Membership

Nipper Parents are asked to collect their membership badge from the club office on Sunday 20 October AFTER NIPPERS. If your membership was received incomplete, it has not been processed so your badge will not be included in those waiting to be claimed; please see office staff regarding missing or incomplete paperwork.

Badges are mailed to those members who included a stamped envelope with their completed application forms.

Sunday Nippers

Just a reminder that nippers commences at 0830 on Sunday's. Please ensure that you have your boards, sun block on and are on the beach ready to go at 0830. The board room will be locked at 0825 each week. Also please return all equipment to the back of the club after nippers. There is still equipment being left on the beach. This is the responsibility of every nipper and nippers parent not just the volunteer age managers or committee members. If you use it, take it back.

Congratulations

Trials for the Sydney Northern Beaches Interbranch (Rep) Team have been held over the past few weeks with many of our nippers participating and all turned in outstanding performances. Only 2 water and one beach competitor per gender, per age group are selected from all 21 SNB clubs.

Congratulations to Andrew Newling; Tessa Houston; Remi Krenkels; Newbie Redding; Lincoln Smith; and Harrison Stone for being selected. These 6 Manly nippers are joined by our ex-nippers and older competitors - Cooper Krenkels; Mieke Kassulke; Andras Eglesz; Devon Halligan; Trent Klouzal; Liam Kelly; Robbie Jones; Candice Falzon and our newest member of the Manly family Jessie O'Carroll. Manly has just over one third of the team. Great effort everybody.

*Membership renewals
must be finalised prior to
October 30, 2011.*

Training Timetable

Our summer training timetable is well underway, with huge attendances at all sessions. If you are uncertain about which session to attend please ask the coaches.

Training Timetables are issued on a monthly basis and will be published in the newsletter at the beginning of each month and on the Manly LSC website - manlylsc.com.au/nippers

*Summer Training Timetable is now underway!
Beach training has also commenced.*

Nipper Parent Cocktail Party

Don't miss the event of the year! Catch up with old friends, meet new friends. Find out why Manly LSC is No1! Be quick hardly any tickets are left.

Lucky door prizes include nipper board and surf board. You must be there to win!

WHEN: Friday Oct 28th

TIME: 7pm

WHERE: Manly LSC

COST: \$35 per head

Tickets are available from Simone Grout.

Nipper Parent Cocktail Party

October 28th @ Manly LSC

Lucky door prizes

Last few tickets remaining.

Club Championships – U9 & U10 Postponed events

Unfortunately the conditions last Sunday did not allow all events to be held, with the U9 water events and U10 surf race having to be postponed.

These events shall be run on November 6th @ 0830, conditions permitting.

Bennett Dee Why Board Carnival – 30th Oct

Entries have now closed. Good luck to our 130 competitors that are competing in the Carnival on Sunday.

Arrangements are as follows;

- Report time is **1130** for 1230 start
- It is your responsibility to transport your own board to the carnival. Boards can be collected
- Please note the club policy that requires "No-shows" to reimburse the club the entry fee, prior to being entered in any further carnivals. Late entry fees are to the cost of the individuals concerned.
- Boards (foam and fibreglass) can be signed out on Thursday at training or Saturday at 1pm. All boards must be returned to MLSC immediately following the carnival.
- Relay teams - there is a maximum of 3 teams per age group. Each team must have a minimum of one girl in the team.
- All Age Relay Team - one team per club with a minimum of 2 girls. This team will be selected on the day by the coaches.
- Water Safety will be required, so please organise those suitably qualified in your age group to step up. No water safety = no race. BYO orange hats.

Club Swim – Sunday Morning

The club swim is back and will take place each Sunday at 10.30am. Last Sunday's was immensely popular. Meet on the ramp outside the club house. All nippers welcome. Please ask your nipper age manager for details or see Daniel Mulcahy or Glenn Stone on Sunday morning.

Nipper Handbook

This season Nipper Handbook (All you need to know about Nippers) is on the website. Keep checking the website for the latest information.

Manly Junior Carnival – 13th November

Our home carnival is the largest junior carnival of the year, except for the State Championships. To ensure this carnival is a success we need your assistance.

- 1) Carnival Officials are required - If you have completed your Level 1 officials course we need you! A strict quota of officials to competitors is being enforced this season. If you can officiate at the Manly Carnival please advise Glenn Stone (gastone@bigpond.net.au) by Thursday this week, and nominate your preference for area.
- 2) Carnival Registration - All carnival participants are required to register before competing. We require 20 parents from 0630 to 0915. Please email Glenn Stone if you can help.

Win a Nipper Board- Draw this weekend

Thanks to Westpac, we are raffling 2 Dolphin nipper boards (1 Foamie, and 1 fibre glass)

The raffle will be drawn this Sunday at 0830.

Nippers this Sunday

The usual nipper program will take place this Sunday (30th October). See you on the Beach.

Code of Conduct

As season is in full swing it is important that all nippers and nipper parents familiarise themselves with the Manly Nippers Code of Conduct. The code of Conduct can be found on page 8 of the Nipper Handbook. All nippers and their parents are bound by the Code of Conduct. Any breach of the Code of Conduct will be strictly dealt with.

March Past – Training and new team Members

The March Past event is traditionally one of the first events held at a Nippers carnival and other competition is stopped where necessary to allow members to participate. It is the ultimate team event with 12 members to a team who march around a rectangle and are judged on such things as arm swing, leg action, body carriage and the team's ability to hold their formation throughout the march. All the team works together with the winning team scoring the lowest number of errors.

The March Past is open to all members from under 9 to under 14 and we are one of the few clubs who always has at least two teams. Our club has a proud history of winning medals at all branch titles over around the last twenty years and only missing out on State medals twice in that same period. Our teams have previously been State Champions. Every year we need to recruit new marchers from all age groups to replace the members of the team moving into the U/15's. We only train on Sunday mornings from 8.00 am until 8.30 am just before normal Nippers commences. Anyone who wants to try the event is most welcome to come to a training session. **TRAINING IS ALWAYS ON at 0800 on SUNDAY'S. March Past team members will not miss any nipper activities (even Club Championships!) so please ensure that you support the volunteer coaches and other team members by getting to the only training session each week.**

R & R – Competitors Urgently Required

Rescue & Resuscitation (R & R) is another traditional surf life saving event with a proud tradition. The event simulates a rescue and resuscitation of a "patient" and teams are assessed on areas such as marching, uniformity and following correct resuscitation procedure. These events are conducted at the start of the carnival preceding the March Past which is the traditional opening ceremony.

TWO PERSON R & R is for members from under 10/Under 11 and Under12 /Under 13. One team member will draw as patient and the other performs the rescue. The competition is on the water's edge and does not require swimming to the "patient".

FIVE PERSON R & R is for Under 12 to Under 14 and it is based on the traditional method of performing rescues with the reel, line and belt. The team members fill the role as patient, belt man, reel man and linesmen who simulate a rescue, carry the patient from the water and resuscitate them. The rescue is done only in waste deep water.

Both events provide the members with excellent resuscitation skills and teamwork. Training is at 0730 on Sundays. Please contact Glenn Stone or your Age Manager for further information.

Merchandise and Clothing

Merchandise and clothing is available upstairs in the office from 10.30 to 11.30 on Sunday.

Beach Towels: Brights, plains & Stripes are now available. Adult Jackets now back in stock! Rash vests will be available Mid November. Jammers (long Legs) out of stock in sizes 6,8,10 will advise when available.

Nipper Boards

Many of the boards that were signed out to take to Sawtell have STILL not been returned. WE URGENTLY NEED THEM FOR TRAINING.

Water Safety

We are required to provide water safety at a ratio of either 4:1 or 5:1 depending upon the conditions, at all training sessions. If you are a bronze or SRC holder and your children are training please expect to get wet! Sadly if we are unable to provide sufficient water safety we will need to restrict the numbers at training.

Summer Training Schedule for nipper parents!

With summer on the way there will be daily fitness, swim and board training sessions for all club members. Nipper parents are encouraged to come along if you are considering the bronze medallion course.

Monday 5.55am- Run to Nth Steyne, a series of exercises back to the Corso and a number of “ins and outs” (Run into the water , catch a wave and run back to the wall) For the more adventurous there will be a run to the pipe, swim back to the club, board to the pipe, run to the club swim back to the pipe and a board leg home. Both sessions go for around 50 minutes

Tuesday 5.55am- Swim and board session under the instruction of John Platt

Wednesday 5.55am- Swim session- ideal for those training for their bronze or who love ocean swimming. **Water safety provided.** Course dependant on the conditions.

Thursday 5.55am- Exercise , swim and board session

Friday 5.55am - Ironman Friday- short swim, run, and board leg. Ideal for beginners.

Saturday 7am- Blue Dolphin sessions with Greg Booker- training in the surf, board paddling and swimming

Sunday 11am- Club Swim open to all members and nippers **Water Safety** provided.

These sessions are also ideal for those who are undergoing bronze courses. They are a great way to increase confidence in the surf. Please contact Daniel Mulcahy if you need further information. daniel.mulcahy@fhmwealth.com.au

BBQ Roster – October 30th

Please check the roster, and if you are unable to attend your rostered duty it is your responsibility to find a replacement. Please note the roster is by Family and not by Age Group.

William	Ackery	Under 6	30th October	0700-0830
Naomi	Ainsworth	Under 6	30th October	0700-0830
Jouquin	Aitken	Under 12	30th October	0700-0830
Sasha	Beaumont	Under 6	30th October	0700-0830
Jemima	Burney	Under 7	30th October	0700-0830
Bode	Bennett	Under 10	30th October	0830-0930
Stella	Blackett	Under 7	30th October	0830-0930
Zachary	Brackenbury	Under 6	30th October	0830-0930
Jemma	Brandon-cooper	Under 6	30th October	0830-0930
Rory	Buck	Under 7	30th October	0830-0930
Kiara	Burridge	Under 6	30th October	0830-0930
La mia	Bird	Under 6	30th October	0930-1030
Findlay	Black	Under 7	30th October	0930-1030
Ella	Critchlon	Under 6	30th October	0930-1030
Phoebe	Curtis	Under 11	30th October	0930-1030
Ethan	Cutler	Under 11	30th October	0930-1030
Brooke	Cuttance	Under 6	30th October	0930-1030
Anouk Bibi	Daddo	Under 11	30th October	0930-1030
Ella	Davidson	Under 11	30th October	1030-1130
Benjamin	Davis	Under 12	30th October	1030-1130
Lydia	Davis	Under 14	30th October	1030-1130
Finn- Ruby	Dawe	Under 13	30th October	1030-1130
Ethan	Dodson	Under 7	30th October	1030-1130
Jemma	Donoghue	Under 11	30th October	1030-1130

If you have any questions about Nippers at Manly please contact a member of the JAC or your Age Manager.

JAC Contact Details

Name & Position	Mobile	Email
Chairperson Glenn Stone	0419 699 124	gastone@bigpond.net.au
Secretary Fred Thorpe	0423 497 335	fthorpe@bigpond.net.au
Superintendent Tim Cuthbert	0429 916 380	tim.cuthbert@optus.com.au
Treasurer Mark Hulme	0405 316 037	hulmem@cba.com.au
Registrar Rebecca Crawford	0414 776 926	rl_crawford@hotmail.com
Education Officer Essie Kassulke	0439 671 192	essiekassulke@y7mail.com
Gear Steward Annie Gleeson	0418 255 172	annietpg@y7mail.com
Age Managers Rep U9-U14's John Stratton	0400 313 733	john_nicky_stratton@bigpond.com
Age Managers Rep U6-U8's Vinny Dermody	0403 812 904	vinny@mcmorrowdermody.com
Training & Skills: Water: Graham Bruce (Brucie) Beach: David Hume Manly Point Boardriders: Steve Coulter	0418 405 698 0419 414 221 0414 292 233	Brucie_ge@hotmail.com dhume@highgatemanagement.com.au juiceplus@stevencoulter.com
General/Child Protection Officer Rep Dru Newling	0419 249 836	dsn@bigpond.net.au
Uniforms Kiera Hulme	0412 139 072	kierah@bigpond.com.au
Social Co-coordinator Simone Grout	0411 340 806	grouts@bigpond.net.au
BBQ Co-coordinator Michael Bochner	0414 550 400	Michael.bochner@bigpond.com
General (risk advisor/IRB co-coordinator) Robin Barham	0418 670 868	Robin.barham@catlin.com
Camp Co-coordinator Louise Bochner		Louise.bochner@bigpond.com

Child Protection Officers

Dru Newling	0419 249 836	dsn@bigpond.net.au
John Zdrilic	0414 938 393	johnzdrilic@bigpond.com
Jill Walters	0414 990 842	

Age Managers

Name	Mobile	Contact
U/14 John Stratton	0400 313 733	john_nicky_stratton@bigpond.com
U/13 Steve Wilton	0412 865 572	steve@detech.com.au
U/12 Simone Grout - Girls	0411 340 806	grouts@bigpond.net.au
Dru Newling – Boys	0419 249 836	dsn@bigpond.net.au
U/11 Tony Garrett – Girls	0419 773 365	laratony@bigpond.net.au
Kemble Cowan – Boys	0411 625 855	ige@d2.net.au
U/10 David Hume	0419 414 221	dhume@highgatemangement.com.au
U/9 Deborah Murdoch – Girls		djr@tpg.com.au
Annie Gleeson – Boys	0418 255 172	annietpg@y7mail.com
U/8 Julian Shelbourne	0414 603 553	jshellbourne@gmail.com
U/7 Maria Mury	0433 655 274	murycm@hotmail.com
U/6 Vinny Dermody	0403 812 904	vinny@mcmorrowdermody.com