



TWO BLUES NEWS

OCTOBER 2010.....OCTOBER 2010



PRESIDENTS INTRODUCTION

Welcome to the first edition of Two Blues News for our centenary year, with the season concluding with a Centenary Cocktail Party on April 30th in Manly. With the season in full swing it is worth noting that unlike many clubs in NSW Manly LSC has hardly had a break since the AGM.

The most significant item since the AGM being the approval with some conditions of the DA. Ben and his building committee have finally got across the line albeit with many late night meetings and a final submission to MIAP two weeks ago. Our club owes a debt of gratitude to Ben's team and their ability to gather together experts at a moments notice to assist with both the legal and technical aspects of the proposal.

Now comes phase 2- raising the funds! The finance committee consisting of myself, Mark Epper Dep-President, Noel Carroll, Scott Crawford Hon Sec, Peter Russell Treasurer, Andrew Mason, and Mark Hulme JAC Treasurer have already met and discussed the formation of a **Fundraising Taskforce** to meet this mammoth task. We will be approaching our members in due

course for ideas and suggestions for ideal candidates for this committee.

Michael Christie is well into the third bronze squad so far and Julie Isbill with the new expanded patrol roster ensured we started the patrol season on time fully compliant! This season will not be without its challenges in particular in relation to patrol requirements. I recently wrote to our members setting out the requirements for the season. Remember – if you don't have the hours you don't compete! Our club coaches/competition manager will be vigilant to ensure that they have enough competitors. Expect their calls!!

Mark Epper's competition season launch and bbq was attended by almost 100 competitors, past presidents, life members and coaches incl many new competitors from the nipper ranks and those new to the club. A great start.

One of the main goals of our club is: *To provide facilities for enjoyable education and development of our youth, with additional emphasis on the Junior Activities section of the Club as a key part of our community service*". In line with this goal 145 nippers headed off with their parents to the annual Sawtell training camp just south of Coffs Harbour....

Under the guidance of our coaches Cam and Bruce they spent 3 days training on surf awareness and swim/board activities including many nippers who attempted the board rescue discipline for the first time. Steve Wilton and Glenn Stone deserve great credit for continuing this tradition now into its 10th year. We are now a valuable feature in the Sawtell community in the first week of Spring school holidays.

Stephen Coulter our Sponsorship manager and vice captain has done a marvellous job in the offseason ensuring that existing sponsors expectations have been met and has introduced many new opportunities to the club. Please give him a call if you sense an opening— 0403 338 888.

Finally in the past four or five months there has been a proliferation of emails doing the rounds between our members. Many of them unrelated to club business. I mentioned this at the last general committee meeting. Always remember that when you hit the send button you have no control where that email will end up. Neither do you know who has been blind cc'd awaiting your comments. If you need to get something off your chest pick up and use the phone not the keyboard!

See you on the sand.

Daniel Mulcahy, President.

DRUG & ALCOHOL SEMINAR

The Clubs Annual DRUG & ALCOHOL seminar will be held in November. This seminar is compulsory for ALL members from U/14s to U/19s, and forms part of our youth education and development programs. Various health, law enforcement, child protection and other experts as well as experienced Club members will present information at the seminar, and talk with our younger members about any issues or concerns among their age group. So all U/14 to U/19 members should make sure they attend SUNDAY NOVEMBER 21st at 9am at the Club.

THANKS TO...

Enormous work goes into setting up our Club for the patrol season. Many thanks to our Gear Steward Graham Maher and his helpers who got everything ready for the coming patrol season. Lots of work behind the scenes, and a lot of very expensive gear to be looked after. Every member can help out with this by taking good care of ALL Club equipment, and making sure it is put away properly after use.

Thanks also to our Club Captain, Chief Instructor and their crews who got the patrols set up, and courses for new awards onto the calendar and under way.

Thanks as always to our wonderful sponsors who help fund the work we do for the whole community. The job would be very much harder without their generosity.

Last but not least, thanks to all our members who are contributing to our Club, whether through patrols, instructing, Committee and admin work, fundraising, coaching and all the other stuff needed to keep us running smoothly (well as smoothly as a family as big as ours can get). Your efforts are what makes our Club such a success.

WELCOME TO NEW MEMBERS

Our Club continues to grow, as more people seek to serve the greater community through our Club. Welcome to all our new members, young and old. You've joined at a key time for our Club and community, and we look forward to having you work with us to the benefit of everyone. Don't forget, you can always ask your fellow members for their help or experience, to make sure you feel at home in the greatest Club in the world - Manly Life Saving Club. Please check the club website manlylsc.com regularly for information and updates.

DA Update – Approved !!

After nearly two years, our Development Application (DA) to fix the Club has been approved, and we now move into raising the money to build a better Club for current and future generations of life savers. This will in turn bring benefits to all our community, especially those enjoying our beach and surf.

The amount of volunteer hours and money that were needed to get the DA is disturbing, but we have won out, as has our whole community. Many thanks to our Building Committee, and our various consultants – architecture, project management, legal, town planning and more. A fabulous team effort, and something we can all be proud of doing. Thanks also to the Manly Councillors who have supported us. The two who haven't can hang their heads in shame.

As most of you know, we will need about \$2000 per member (including Nippers) to rebuild. We have received a number of donations from members and the public, much of which has been

used getting the DA through Council. We need serious money to rebuild the Club, and we are asking every member and family for help. Some of you will be able to give more than their share – your help is vital. Some will not be able to help much financially, but can help us in other ways while giving what money they can – your help is vital too.

The Club is establishing a Fundraising Taskforce which will be coordinating that important financial role, so let's give them our best efforts in money and other help.

DA approved - let's take that success and build on it. Previous generations did it for us, now it's our turn !

PATROLS ARE GO

We have started our new season of patrols, and are off to a great start. Everyone rostered on patrol should check their dates, and other requirements for patrols – uniforms, caps, proficiencies, etc. All members of our Club have a personal responsibility to be aware of their obligations as a surf life saver, so patrol crew please check rosters and other things out. Don't just take someone else's word for it, check it yourself. And welcome on board to all our new Bronze Medallion and SRC crew. Have a great year.

Also available are the special Centenary Patrol caps. Ours is the only one with our Centenary logo on it, and supplies are limited, so buy yours now at the office for \$10each.

CLUB CAPTAIN NOTE

As we enter our 100th season of patrolling Manly Beach we are in pole position. Currently the top NSW competition club in both Opens and Nippers, the Most Outstanding Club in the Branch for Life Saving and with record number of members qualifying in all awards it really is a great place to be. It is hard to imagine how we can grow from here. But one thing is certain all our members are proud to play an active role in Manly Life Saving Club keeping our beach a safe place to swim, and with that being our first priority what more could we ask for.

Due to such a healthy club with such committed and capable members we have been able to create 3 brand new patrols this season meaning the work load for all our patrolling members can be shared, resulting in each member needing to patrol slightly less.

If you have been lying dormant for a while, why not use this momentous occasion as an excuse to train up and become proficient again, so you can purchase and wear our centenary red and yellow life saving cap with pride ?

If you are proficient why not reach the pinnacle of Life Saving and obtain your Gold Medallion? Manly LSC would like to put through 100 Gold Medallions this season to celebrate our 100th year, a huge ask from a lot of members in order to make this happen as it is no mean feat, so please join in the fun, take up the challenge, start enrolling for courses and getting fit now. Drop Michael Christie our Chief Instructor an email or give him a call, he can answer any questions you may have to start you off.

Most importantly I wish you all a successful and happy 100th season, and look forward to seeing you on the beach throughout the season or for those a little further a field at our special centenary function at the end of the season on Saturday 30 April.

Yours in Life Saving, Julie Isbill - Club Captain.

CENTENARY Celebration - 30 April 2011

100 years life saving as Manly Life Saving Club and counting! You are invited to the Centenary celebration at the end of patrols next year. It will be a chance to get a little glamorous and celebrate 100 years of life saving for our wonderful club. We have a long history and an even better future. Tickets for the cocktail event will go on sale in a couple of months time. Look out for more information in the next edition of Two Blues and the Club Captain emails. If you have any questions before tickets go on sale you can call Keinwen, VP Centenary on 0412244509.

As part of the planning for the Club's major Centenary dinner we are hoping there is a generous sponsor or AV company amongst us. For the dinner we are expecting to need-

- 2 roving mikes
- 3 screens (1800mm by 1200mm)
- Sound for MC to be heard at 60ft (ballroom & foyer)
- Switching for 4-5 sources - two mikes, music, DVD/laptop
- Cross over music with DJ

If you can assist please contact our Sponsorships Manager, Stephen Coulter on 0403 338 888 or sponsorships@manlylsc.com

National Surfing Reserve for Manly

Surfing in Australia basically started at Manly, and the earliest recorded surfboard riding was here as well. Top that off with surf life saving beginning here in 1903, the first official World Surfing Championships in 1964 and you have Manly as a key part of our nations beach and surf culture.

So it was entirely appropriate that the area from the Bower all the way across to and including Freshwater has been declared a National Surfing Reserve. Our Mayor Jean Hay flew back from a long deserved holiday for the dedication, demonstrating how important it is. State MP Mike Baird and Lands Minister Tony Kelly joined many famous surfers to dedicate the Reserve. Surf icons such as Midget Farrelly, Dave Jackman and Phyllis O'Donnell were present as well.

Fittingly, the entire group then came to our Club for the dedication lunch and visited our Australian Surf Museum, which will be the anchor point for the Reserve when housed in the redeveloped Club building.

A great day for Manly, and sets the scene for World Surfing Reserve status in the near future. Well done to our members including Heritage Trustee Life Member Ray Moran, Brendan Condie, Sybil Walsh and others who worked to get the Surfing Reserve status where it belongs.

PROFICIENCIES for Bronze and Spinal

This season Bronze Proficiencies include:

- 200m run, 200m swim, 200 run in 8minutes
- Assessment of a live patient [DRABC]
- Resuscitation on a manikin
- Defibrillation
- 10 signals
- Board rescue or tube rescue
- Radio

Dates for both Bronze and Spinal:

- Sun 3rd Oct 10.30am
- Sat 9th Oct 3pm
- Sat 16th Oct 3pm
- Sun 24th Oct 10.30am
- Sat 30th Oct 9am
- Sun 7th Nov 10.30am
- Sat 13th Nov 9am
- Sat 27th Nov 9am
- Sat 4th Dec 9am

NEW VICE-CAPTAIN

Due to other commitments Simon Gillespie has resigned from his position as one of the four Club Vice-Captains. Thanks to Simon for his help to date. The Vice-Captain position is an active leadership role which involves working very closely with the Club Captain and the life saving team – about 5 hours of meetings per month, responsibility of 4 patrols, availability to help out as required during patrols along with a proportion of administration duties. The Club is very pleased to announce that Chris Cameron-Doe is the newly appointed Club Vice-Captain, and so Chris will be taking the primary contact responsibility for patrols 11, 12, 14 and 16. You can contact Chris on: 0438 937 619 or email c.camerondoe@googlemail.com

COMPETITION UPDATES

Gun swimmer for our Club, Tom Fraser-Holmes is in Delhi representing Australia for the Commonwealth Games. It certainly looks like it will be an interesting trip. Good luck to Tom – he's already won a Bronze in the 200m freestyle, and Gold in the 4 x 200 freestyle relay.

Manly's top ski paddlers have been representing Australia at the kayaking World Sprint Championships held on 19-22 August at Poznan in Poland. Murray Stewart led the charge with some of the best results of any Australian athlete. Murray was part of the best performing Australian men's K4 in the last decade, with a 5th place in the men's K4 1000m. Murray then backed this up with a 5th in the K2 500m (teaming up with Queensland's Jacob Clear) and a 5th place in the B Final of the K1 200m, Murray' first individual event at a world championships. In the women's events, Naomi Flood was selected for her first World Champs team and gained valuable experience in the women's K4 500m. Jo Brigden-Jones unfortunately was unable to continue her fantastic form from earlier in the year and had to pull out of the regatta due to a shoulder injury. Murray then remained in Poland the following weekend, where he was joined by Bec Keelan, both of whom were representing Australia at the World University Games. Murray took on some tough competition (including medallists from the previous weekend's world champs) to finish 2nd in the K1 500m and 3rd in the K1 1000m. Murray just missed the podium in the K1 200m with a credible 4th place. Our elite kayak paddlers will now return home for a well earned break and to

start their preparation for next year's Olympic qualifications and, of course, the 2010/11 surf ski season.

In other news, two of our top men's ski paddlers, Blake Ballard and Adam Keelan, were part of the second placed team in the recent Avon Descent in Western Australia. With very low water levels, this year was a tough race but the boys pulled through against some good competition, and took home a \$1,000 cheque for their efforts! Guy Leech also took over a large group of paddlers to participate in the Avon Descent including one of our new Bronzies from the end of last season, Olly Rees. Fantastic results everyone - well done !!

Our team from Manly Point Boardriders Club won the inaugural Surf Switch competition held at Dee Why recently. Congratulations to: Alex Bryant, Sophia Bernard, Harry & Luke Gozo & Tom Worner. From all the clubs in our branch, Manly has the best surfers and considering that all our team members were under 19 and competing against open and masters competitors with a lot more experience, this shows the competition maturity they all have. It will be "game on" as these competitions roll out during the summer, so hopefully we can organise some more teams around our initial success.

We also had four gun athletes trying out for the Nutri-Grain series. Polly Williams, Flo Epper, Jono Stock and new member Devon Halligan headed north to have a go. While they didn't have much luck, they still let everyone know the sky blue caps are up for another big season.

Finally, we have had both an U/15 and all-Club competitors meetings, both well attended, with some new competitors signing up. The big meeting was followed by a BBQ and refreshments, enjoyed by all on the sundeck. (Thanks to Stan Buckman and Mark Epper for the BBQ and cooking, and to Curly Andrijin for the drinks.)

Remember carnival forms must be completed and returned to Deb Hanson, competition manager, ASAP. Our first carnival is Round 1 of the East Coast series on Saturday 23 October at North Cronulla. Competition is open to all proficient members.

VALE

It is with sadness that we note Associate Member Frank McDonald passed away on 5th

September, aged 68yrs. Frank was keen to help our Club whenever he could, and will be missed by all who knew him.

OH & S REMINDER

All members should remember to keep the health and safety of everyone in mind. When you are down at the Club, please help to keep the place clean and tidy, and put things back where they belong. If everyone makes an effort, the work is easy. Looking after gear and our Club also saves us money because gear lasts longer when you take care of it, plus it helps avoid accidents that may harm a fellow Club member.

AGE MANAGERS – SENIOR CARNIVALS

Carnival competition is approaching. We are calling for volunteers to act as Age Managers for each of the age groups U15, U17, U19 and Open. An Age Manager role is to manage their group of competitors at carnivals, (i.e. liaise with officials, record results of Manly competitors and generally ensure competitors are where they should be when they should be!). Also the Age Manager is the contact point for the Competition Manager, Deb Hanson. Ideally we need at least 2 Age Managers for each age group.

If you would like to volunteer for one of these positions please contact Mark Epper, Deputy President of Competition on 0401-140-957 or email at mepper@kpmg.com.au. It is an often rewarding and exciting role and experience is not required.

COOLANGATTA GOLD

Still taking interest for swimmers, runners, ski-paddlers, board paddlers interested to compete in the Coolangatta Gold. We have a few teams registered however if you are keen to compete or be a handler, please contact Sabine on sabine@sabinekorstanje.com

PINK BREAKFAST ON AGAIN

Manly LSC will be hosting a charity Pink Breakfast again this year at the Club on Sunday 31st October. It is a great morning at the club with an amazing buffet breakfast and all proceeds go to charity so please put it in your diaries now. More details available soon, so stay tuned. And yes, our Club will continue to help others when we can, despite needing huge amounts of money to look after our own building - we're Manly Life Saving Club.

SCHOOL EXAMS

Ugly thought. But they're on again. The very best of luck to all our HSC students in their upcoming exams, and to all our Year 10 and Uni student members for their exams as well.

MEMBERSHIPS

Membership renewal packs were sent to all members in May. If you have not renewed your membership, please do so as soon as possible. **If you do not wish to renew your membership** for 2010/11 please notify the Administration Officer admin@manlylsc.com or phone 9977 2742 so that your membership record can be archived.

There are still some badges and receipts waiting for collection at the admin office. If you paid membership prior to 1 September, your badge is more than likely among these. If you cannot collect your badge, please advise the Administration Officer and we will mail to you.

Incomplete applications have not been processed and members have been advised of this. Nipper Parent badges will be available by end of October. C-grade member renewals that did not include a commitment letter to the Club Captain are on hold until letter is received.

Manly Nippers News

The Manly Nippers program continued to build momentum over winter, with board training attracting 100 nippers most weekends since the end of June. In early September a small group of U13, U14, and U15 competitors attended the NSW SLS Pool Rescue Championships over 2 days at Woy Woy, coming home as the leading Northern Beaches club (7th overall), with 5 Gold, 6 Silver; 8 Bronze.

The two nipper registration days have been held and the club was a hive of activity, with over 600 enrolments. Enrolments remain open. The first day of nippers is Sunday October 10 at 0830.

The Nipper Calendar and Handbook are both on the club website manlylsc.com.au/nippers. Please check regularly for updates.

The last weekend of September saw Manly Nippers travelling to Sawtell - "The Manly of the North" for a three day pre-season training camp, as the start of Manly Nippers State Championship defence. Twenty nippers from Sawtell SLSC joined the 142 nippers from Manly

under the expert guidance of Brucie, Cam Coghlan, and Suzie Stock. A huge thanks must go to Sawtell SLSC and Coffs Harbor Lifeguards for allowing us to use their equipment and facilities. Great conditions, and abundant water safety resulted in a hugely successful and fun camp.

Finally, congratulations to Cooper Krenkels (athlete), and Brucie (coach) who have both been selected to attend the SLSNSW Talented Athlete Program.

Surf Board Riding

With the enormous success of Manly Point Board riders season that finished in September 2010, we saw a tremendous amount of support from the surfing community.

Once again Mark Kelly from Global Surf Industries & Andrew Hurton from Elnino rewarded the kids who won their age division for the season point score with a brand new board, along with Bennett, Solid Racks, Dripping Wet, Michele's, Surfing World Magazine, Complete Framing, JMAC Graphics all the kids were just frothing with their sponsors bags. The MPBC presentation is a night for all the members that has become a must on the social calendar if you are a surfer.

The 2010 / 2011 season is going to be a exciting one because the interest in surf board riding is really gaining momentum. We are putting together some great surf tag teams which the Manly team won the first event at Dee Why just last month.

This years State titles at Kingscliff this year will give all our under 15, 17, 19 and open competitors a chance to get amongst the north coast waves and represent Manly in the complete point score for the chance to win NSW State SLS title again, so all you surfers that are ripping I know who you are and let's get ready to give our bets on the water for the club.

For anyone who is interested on surfing comps for Manly please contact me on 0414292233, juiceplus@stevencoulter.com and I can send you the season calendar.

